

# PRE-DENTAL HYGIENE

<b>Undergraduate Credit Required</b>	65 hours undergraduate course work
<b>Entrance Exam</b>	None
<b>Professional Schooling Required</b>	2 years dental hygiene school; B.S. Dental Hygiene
<b>Local Professional Schools</b>	UNMC College of Dentistry
<b>Professional Organization Websites</b>	adea.org (American Dental Education Association); ada.org (American Dental Association)

## **REQUIRED COURES AND SUGGESTED ELECTIVES FOR CURRENTLY ENROLLED UNL UNDERGRADUATE STUDENTS**

The following are entrance requirements for UNMC's Dental Hygiene program. Students who are considering other dental hygiene programs are encouraged to contact those schools directly for a list of entrance requirements.

Grades lower than C and P/NP will not transfer to UNMC for credit. AP/IB and dual credit will be accepted by UNMC in non-science areas. *College-level courses in the sciences (BIOS, CHEM) taken prior to high school graduation may be accepted for UNMC's Dental Hygiene program on a case-by-case basis. Non-UNL courses must be approved by UNMC's Dental Hygiene program.*

## REQUIRED COURSES

<b>English Composition – 2 courses</b>		
ENGL 101, 150, 151, 254, or 354		
<b>Course</b>	<b>Term</b>	<b>Grade</b>
ENGL		
ENGL		
<b>General Chemistry with lab – 8 hours</b>		
CHEM 109 and 110 (Math 102 pre-req. for Chem 109)		
<b>Course</b>	<b>Term</b>	<b>Grade</b>
CHEM		
CHEM		
<b>Biological Sciences with lab – 1 course</b>		
BIOS 101/101L or LIFE 120/120L		
<b>Course</b>	<b>Term</b>	<b>Grade</b>
<b>Microbiology with lab – 1 course</b>		
BIOS 111		
<b>Course</b>	<b>Term</b>	<b>Grade</b>
BIOS 111		
<b>Human Physiology with lab – 1 course</b>		
BIOS 213/213L		
<b>Course</b>	<b>Term</b>	<b>Grade</b>
BIOS 213/213L		
<b>Human Anatomy with lab – 1 course</b>		
BIOS 214		
<b>Course</b>	<b>Term</b>	<b>Grade</b>
BIOS 214		

<b>Nutrition – 1 course</b>		
NUTR 250		
<b>Course</b>	<b>Term</b>	<b>Grade</b>
NUTR 250		
<b>Communication – 1 course</b>		
COMM 109, 209, or 286		
<b>Course</b>	<b>Term</b>	<b>Grade</b>
COMM		
<b>Psychology – 1 course</b>		
PSYC 181		
<b>Course</b>	<b>Term</b>	<b>Grade</b>
PSYC 181		
<b>Sociology – 1 course</b>		
SOCI 101		
<b>Course</b>	<b>Term</b>	<b>Grade</b>
SOCI 101		
<b>12-hour series in a specific area</b>		
The courses in the series must have the same course prefix for all courses being considered. See the College of Dentistry about overlapping requirements.		
<b>Course</b>	<b>Term</b>	<b>Grade</b>

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REQUIRED COURSES CONTINUED

Humanities & Arts Electives – 6 hours		
English Literature, Philosophy, Music History, Classics, Art History, Theatre, or Drawing		
Course	Term	Grade
Social & Behavioral Sciences/Human Behavior, Culture & Social Organization – 3 hours		
Psychology, Sociology, Anthropology, Economics, Political Science, or Geography		
Course	Term	Grade
Intro to Dentistry and Dental Hygiene – 1 hour		
CASC 160 (not required – strongly recommended)		
Course	Term	Grade
CASC 160		

Suggested Sequence of Prerequisite Courses	
<p><b>Semester 1</b>                      English Comp I                      Biological Sciences with lab                      Humanities/Arts elective                      Intro to Psychology                      CASC 160 (optional elective)</p>	<p><b>Semester 2</b>                      English Comp II                      Microbiology                      Intro to Sociology                      Communication                      1<sup>st</sup> 12-hour series</p>
<p><b>Semester 3</b>                      Chemistry I                      Social/Behavioral/Social Org.                      Humanities/Arts Elective                      2<sup>nd</sup> 12-hour series                      Anatomy</p>	<p><b>Semester 4</b>                      Chemistry II                      Nutrition                      3<sup>rd</sup> 12-hour series                      4<sup>th</sup> 12-hour series                      Physiology</p>

EXTRA CURRICULAR INVOLVEMENT & ACTIVITIES

Pursuing Pre-Dental Hygiene requires more than just coursework. Your extracurricular activities, employment, and healthcare experiences like shadowing and volunteering will contribute greatly to your success in this field. See your pre-health advisor in the Explore Center to plan extracurricular activities that will prepare you for this program.

APPLICATION AND ADMISSION

- See UNMC’s dental hygiene program information for application procedures and deadlines. You may contact the program using the information below.

ADDITIONAL RESOURCES

**Explore Health Careers:** [www.explorehealthcareers.org](http://www.explorehealthcareers.org)

**UNMC College of Dentistry**

**Department of Dental Hygiene**

4000 East Campus Loop, Rm 2117

40<sup>th</sup> & Holdrege

Lincoln, NE 68583-0740

(402) 472-1433

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[unmc.edu/dentistry/programs/hygiene/index.html](http://unmc.edu/dentistry/programs/hygiene/index.html)

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- Monday-Friday, 8 a.m. – 5
- [explorecenter.unl.edu](http://explorecenter.unl.edu)

