

UNIVERSITY OF NEBRASKA-LINCOLN

## PRE-OCCUPATIONAL THERAPY AT NEBRASKA

Chiropractic	Dentistry	Nursing	Physical Therapy
Clinical Perfusion Science	Medical Lab Science	☑ Occupational Therapy	Physician Assistant
Cytotechnology	Medicine	Optometry	Public Health
☐ Dental Hygiene	Mortuary Science	Pharmacy	Radiation Science Technology

## Major in Anything and be Pre-Occupational Therapy at NEBRASKA!

Pre-Occupational Therapy (OT) is one of sixteen advising categories in Pre-Health indicating your interest in pursuing coursework to prepare for and apply to OT school. The great part is you can major in anything and pursue these paths. You are not locked in to a set program—you can choose from any of Nebraska's 150 majors—choose one of the sciences, engineering, business, humanities, or even the arts.

## Why NEBRASKA for Pre-Occupational Therapy?

The University of Nebraska–Lincoln has graduated more health professionals than any other school in the state. Learn from faculty who are experts in their field through hands-on experiences in research and instructional labs. As an example, in partnership with the University of Nebraska Medical Center, our anatomy lab utilizes a variety of technologies and human cadavers to provide you with an interactive learning experience. You can even apply to be an intern or teaching assistant as an undergraduate student.

Explore the human side of health care with our unique Humanities in Medicine Program in our College of Arts and Sciences. The program is designed to support students' learning about the social and cultural contexts of health, illness and medical care. Enroll in relevant and engaging courses in the humanities and social sciences that will complement and balance your preparation in the life sciences.

Your success is the number one priority for the professional advisors in our Explore Center, connecting you with resources and staff to help you reach your goals. From course selection and planning to application timeline and entrance exam preparation to experiential opportunities and networking with professional school representatives, the Explore Center will help you excel.

### Make Your Occupational Therapy School Application Stand Out.

Getting accepted to professional school means finding a way to distinguish yourself from others. Develop academically and personally, becoming the type of applicant professional schools want by:

- Connecting with other students interested in the healthcare fields in our first-year learning communities
- Developing leadership skills by joining one of the health-related student organizations
- Getting a first-hand look at your areas of interest through a shadow or volunteer experience
- Engaging in undergraduate research to apply what you are learning in the classroom
- Exploring the world through our diverse education abroad opportunities

All these growth and leadership opportunities are waiting for you at NEBRASKA!

#### Hillary Hotz, Pre-Health Recruitment

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#### UNIVERSITY OF NEBRASKA-LINCOLN

# PRE-OCCUPATIONAL THERAPY

Required Course Work*	MIN. #
Theology, Philosophy, & Ethics:  Ethics, Logic, Philosophy, Religion, or Theology	1
Culture, Ideas, & Civilizations:  • History, World Religions, American Studies, World Literature, Women's Studies	1
Biological Sciences with Lab	1
Human Anatomy	1
Psychology	3
Medical Terminology	1
English Composition	1
Statistics	1
Human Physiology	1
Math	1
Research Methods	1
Biomechanics	1
Human Growth and Development	1
Communication	1

Recommended Course Work	MIN. #
Human Physiology	1
Sociology or Anthropology	1
Additional Psychology	2
Physics	1
General Chemistry	1
Math	1
Additional English Composition	1
Research Methods	1

<sup>\*</sup> These requirements are based on those for Creighton University and Nebraska Methodist college, but will also transfer to other OT programs. You are encouraged to work with an advisor to determine requirements at other institutions.

#### **SUGGESTED SEQUENCE OF COURSES:**

Required & Recommended Courses Only						
FIRST	Psychology	9	Biological Sciences course w/lab			
	English Composition	SECOND	Communication			
	Math	S	Human Growth & Development			
THIRD	Theology/ Philosophy/Ethics	FOURTH	Culture/Ideas/ Civilizations			
	Timosophy/Etimes		Psychology			
	Statistics		Human Physiology			
FIFTH	Human Anatomy	SIXTH	Research Methods			
	Psychology		Biomechanics			
SEVENTH	Medical Terminology	IGHTH	Suggested courses			
	Suggested courses	E	Suggested courses			

#### **Professional School Requirements:**

- Undergraduate Credit:
   Bachelor's degree required
- Entrance Exam:
   Graduate Records Examination (GRE) or none; Varies by institution
- Professional Schooling:
   3-4 years of professional school for a Doctor of Occupational Therapy (DOT) or Master's degree
- Local Professional Schools:
   Creighton University (DOT) Omaha; College of St. Mary (Master's) - Omaha; NE Methodist College (Master's) - Omaha

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