PRE-HEALTH QUICK TIPS

PROFESSIONAL SCHOOL INTERVIEWS

1. **DO YOUR RESEARCH**
   Most health schools conduct interviews for admission. Research each school’s process to identify the type of interview conducted. Interview formats may include:
   - Single one-on-one interview
   - Multiple one-on-one interviews
   - Group interview
   - Multiple mini interviews

2. **REFLECT ON YOUR EXPERIENCES**
   Spend time reflecting on your academic, personal, and extracurricular experiences and how they have prepared you for a career in healthcare. Think about why you want to pursue the specific career you’ve chosen and the qualities that make you a strong applicant.

3. **BE SPECIFIC**
   Provide detailed examples of your experiences when answering questions. This will provide context and help differentiate you from other applicants.

4. **DO MOCK INTERVIEWS**
   Mock interviews give you practice answering interview questions and provide you with feedback on your responses. Take advantage of the following opportunities:
   - Explore Center Mock Interviews: exploreregistration.unl.edu
   - UNL Career Services Big Interview: unl.biginterview.com

5. **DRESS APPROPRIATELY**
   Look professional and maintain a conservative approach. A suit is often expected.

VISIT EXPLORECENTER.UNL.EDU FOR MORE TIPS!