

# PRE-CHIROPRACTIC

<b>Undergraduate Credit Required</b>	90 hours or Bachelor's degree; some states require a Bachelor's degree
<b>Entrance Exam</b>	None
<b>Professional Schooling Required</b>	3-4 years; Doctor of Chiropractic degree
<b>Local Professional Schools</b>	None in Nebraska; see <a href="http://chirocolleges.org">chirocolleges.org</a>
<b>Professional Organization Website</b>	<a href="http://chirocolleges.org">chirocolleges.org</a> (Association of Chiropractic Colleges)

## REQUIRED AND RECOMMENDED COURSES FOR CURRENTLY ENROLLED UNL UNDERGRADUATE STUDENTS

Specific admission requirements vary per chiropractic school. Students should consult with schools of interest to determine their specific admission requirements. A list of generally accepted requirements, with specific UNL courses that fulfill the requirement, is listed below.

**Math Requirement:** Some required science courses, like chemistry, require math as a prerequisite. See your pre-health advisor for math placement information.

### REQUIRED COURSES

Life & Physical Sciences with labs – 24 hours*		
*Most Chiropractic schools require 24 hours spread across the following areas; check with each school to find out which specific courses are required.		
<b>Biological Sciences:</b> LIFE 120/120L, 121/121L, BIOS 101/101L, 213/213L, or 214		
<b>General Chemistry:</b> CHEM 109 and 110 or 113, 114, and 221		
<b>Organic Chemistry/Biochemistry:</b> CHEM 251/253, 261/263, 252/254, 262/264, CHEM 255/257 or BIOC 321/321L		
<b>Physics:</b> PHYS 141 and 142** or 211/221 and 212/222**		
<b>Other:</b> NUTR 384, NUTR 484, STAT 218, EDPS 459, or any Math		
Course	Term	Grade
English Composition – 2 courses		
ENGL 101, 150, 151, 254, or 354		
Course	Term	Grade
ENGL		
ENGL		

Psychology – 1 course		
PSYC 181		
Course	Term	Grade
PSYC 181		
Social Sciences/Humanities – 15 hours		
Commonly accepted SS/Humanities areas: anthropology, communication, sociology, economics, management, history, literature, philosophy, art, theater, music, religion, psychology, management, marketing, and political science.		
Course	Term	Grade

### SUGGESTED ELECTIVES

- **Biochemistry:** BIOC 321/L or BIOC 431/433
- **Courses in Business Administration:** ACCT 200 or 201; MRKT 300 or 341; MNGT 300
- **Speech/Communication:** COMM 109, 209, or 286

3-Year Plan Suggested Sequence of Required Courses	
<b>Semester 1</b> General Chemistry I with lab Biological Sciences with lab English I	<b>Semester 2</b> General Chemistry II with lab Biological Sciences with lab English II
<b>Semester 3</b> Organic Chemistry I with lab Social Science/Humanities PSYC 181	<b>Semester 4</b> Organic Chemistry II with lab or Biochemistry with lab Physics I with lab
<b>Semester 5</b> Physics II or life/physical science (see front) Social Science Humanities	<b>Semester 6</b> Social Science Humanities

4-Year Plan* Suggested Sequence of Required Courses	
<b>Semester 1</b> Biological Sciences with lab English I Math (per MPE)	<b>Semester 2</b> General Chemistry I with lab English II
<b>Semester 3</b> General Chemistry II with lab Biological Sciences with lab	<b>Semester 4</b> Organic Chemistry I with lab PSYC 181
<b>Semester 5</b> Organic Chemistry II with lab or Biochemistry with lab Social Science/Humanities	<b>Semester 6</b> Physics I with lab Humanities
<b>Semester 7</b> Physics II with lab or life/physical science (see front) Social Science	<b>Semester 8</b> Humanities Suggested elective (see front) Social Science

\*Sequence may vary from above depending on declared major and chiropractic school requirements

#### EXTRA CURRICULAR INVOLVEMENT & ACTIVITIES

Pursuing Pre-Chiropractic requires more than just coursework. Your extracurricular activities, employment, and healthcare experiences like shadowing and volunteering will contribute greatly to your success in this field. See your pre-health advisor in the Explore Center to plan extracurricular activities that will prepare you for this program.

#### APPLICATION AND ADMISSION

- Application: Some chiropractic schools participate in a centralized application service called ChiroCAS. Check [chirocolleges.org](http://chirocolleges.org) to find out which schools participate. If a school does not participate in ChiroCAS, apply directly to the school. Check school websites for application materials required.
- Additional admissions requirements: Check with chiropractic schools to which you plan to apply to find out what type of letters of recommendation are required. Generally, one from a faculty member and one from a doctor of chiropractic will be required.
- Entrance exam: No entrance exam is required.

#### ADDITIONAL RESOURCES

**Explore Health Careers:** [explorehealthcareers.org](http://explorehealthcareers.org)

**American Chiropractic Association:** [acatoday.org](http://acatoday.org)

**Council on Chiropractic Education:** [cce-usa.org](http://cce-usa.org)

Updated April 2017



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