

PRE-DENTAL HYGIENE

Undergraduate Credit Required	65 hours undergraduate course work
Entrance Exam	None
Professional Schooling Required	2 years dental hygiene school; B.S. Dental Hygiene
Local Professional Schools	UNMC College of Dentistry
Professional Organization Websites	adea.org (American Dental Education Association); ada.org (American Dental Association)

REQUIRED COURES AND SUGGESTED ELECTIVES FOR CURRENTLY ENROLLED UNL UNDERGRADUATE STUDENTS

The following are entrance requirements for UNMC's Dental Hygiene program. Students who are considering other dental hygiene programs are encouraged to contact those schools directly for a list of entrance requirements.

Grades lower than C and P/NP will not transfer to UNMC for credit. AP/IB and dual credit will be accepted by UNMC in non-science areas. *College-level courses in the sciences (BIOS, CHEM) taken prior to high school graduation may be accepted for UNMC's Dental Hygiene program on a case-by-case basis. Non-UNL courses must be approved by UNMC's Dental Hygiene program.*

REQUIRED COURSES

English Composition – 2 courses		
ENGL 150, 151, 254, or 354		
Course	Term	Grade
ENGL		
ENGL		
General Chemistry with lab – 8 hours		
CHEM 109A/109L* and 110A/110L* (Math 102 pre-req. for CHEM 109)		
Course	Term	Grade
CHEM		
CHEM		
Biological Sciences with lab – 1 course		
BIOS 101/101L or LIFE 120/120L		
Course	Term	Grade
Microbiology with lab – 1 course		
BIOS 111		
Course	Term	Grade
BIOS 111		
Human Physiology with lab – 1 course		
BIOS 213/213L		
Course	Term	Grade
BIOS 213/213L		
Human Anatomy with lab – 1 course		
BIOS 214		
Course	Term	Grade
BIOS 214		

Nutrition – 1 course		
NUTR 250		
Course	Term	Grade
NUTR 250		
Communication – 1 course		
COMM 209 or 286		
Course	Term	Grade
COMM		
Psychology – 1 course		
PSYC 181		
Course	Term	Grade
PSYC 181		
Sociology – 1 course		
SOCI 101		
Course	Term	Grade
SOCI 101		
12-hour series (courses must have the same prefix)		
See the College of Dentistry about overlapping requirements. BIOS and LIFE count as same prefix.		
Course	Term	Grade

*CHEM 109A/109L are equivalent to CHEM 109; CHEM 110A/110L are equivalent to CHEM 110.

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REQUIRED COURSES CONTINUED

Humanities & Arts Electives – 6 hours		
English Literature, Philosophy, Music History, Classics, Art History, Theatre, or Drawing		
Course	Term	Grade
Social & Behavioral Sciences/Human Behavior, Culture & Social Organization – 3 hours		
Psychology, Sociology, Anthropology, Economics, Political Science, or Geography		
Course	Term	Grade
FITN 160 – 1 hour (optional, not required)		
FITN 160 – First Aid, CPR, and AED		
Course	Term	Grade
FITN 160		

Suggested Sequence of Prerequisite Courses	
Semester 1 English Comp I Biological Sciences with lab Humanities/Arts elective Intro to Psychology	Semester 2 English Comp II Microbiology Intro to Sociology Communication 1 st 12-hour series
Semester 3 Chemistry I Anatomy Social/Behavioral/Social Org. Humanities/Arts Elective 2 nd 12-hour series	Semester 4 Chemistry II Physiology Nutrition 3 rd 12-hour series 4 th 12-hour series

EXTRA CURRICULAR INVOLVEMENT & ACTIVITIES

Pursuing Pre-Dental Hygiene requires more than just coursework. Your extracurricular activities, employment, and healthcare experiences like shadowing and volunteering will contribute greatly to your success in this field. See your pre-health advisor in the Explore Center to plan extracurricular activities that will prepare you for this program.

APPLICATION AND ADMISSION

- See UNMC’s dental hygiene program information for application procedures and deadlines. You may contact the program using the information below.

ADDITIONAL RESOURCES

Explore Health Careers: www.explorehealthcareers.org

UNMC College of Dentistry

Department of Dental Hygiene

4000 East Campus Loop, Rm 2117

40th & Holdrege

Lincoln, NE 68583-0740

(402) 472-1433

Rita Charles: rcharles@unmc.edu

unmc.edu/dentistry/programs/hygiene/index.html

Updated May 2020

Explore Center

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UNL Explore Center

