

# PRE-OCCUPATIONAL THERAPY

<b>Undergraduate Credit Required</b>	Bachelor's degree
<b>Entrance Exam</b>	Some OT programs may require the GRE
<b>Professional Schooling Required</b>	3-4 years; Master or Doctor of Occupational Therapy (depending on the program)
<b>Local Professional Schools</b>	Creighton (DOT); College of St. Mary (Master's); Nebraska Methodist College (Master's)
<b>Professional Organization Websites</b>	aota.org (American Occupational Therapy Association)

## REQUIRED AND RECOMMENDED COURSES FOR CURRENTLY ENROLLED UNL UNDERGRADUATE STUDENTS

The following are the entrance requirements for Occupational Therapy programs at Creighton University and Nebraska Methodist College (NMC). Students interested in College of St. Mary's combined Bachelor's/Master's program should meet with a CSM representative during freshman or sophomore year. Students who are considering occupational therapy schools outside of Nebraska are encouraged to contact those schools directly for a list of entrance requirements.

**AP/CLEP credit:** Creighton and NMC will accept AP & CLEP credit if listed on a transcript from your undergraduate institution. For NMC, AP & CLEP for science courses must demonstrate that a lab was taken where required.

### REQUIRED COURSES

<b>Science with lab – 1 course (take BIOS or LIFE as prerequisite for Anatomy and for NMC)</b>		
BIOS 101/101L, LIFE 120/120L, or LIFE 121/121L (some OT schools prefer LIFE courses over BIOS 101/101L) Other science with lab accepted by NMC: PHYS 141		
<b>Course</b>	<b>Term</b>	<b>Grade</b>
<b>Human Anatomy with lab – 1 course (Creighton &amp; NMC)</b>		
BIOS 214		
<b>Course</b>	<b>Term</b>	<b>Grade</b>
<b>Human Physiology with lab – 1 course (NMC)</b>		
BIOS 213/213L		
<b>Course</b>	<b>Term</b>	<b>Grade</b>
<b>Psychology – 1 course (Creighton &amp; NMC)</b>		
PSYC 181		
<b>Course</b>	<b>Term</b>	<b>Grade</b>
<b>Additional Psychology – 1 course (Creighton &amp; NMC)</b>		
PSYC 289 or PSYC 380 (NMC requires PSYC 380)		
<b>Course</b>	<b>Term</b>	<b>Grade</b>
<b>Theology, Philosophy, &amp; Ethics – 1 course (Creighton &amp; NMC)</b>		
Religion, Theology, Ethics, Philosophy, or Logic		
<b>Course</b>	<b>Term</b>	<b>Grade</b>

<b>Medical Terminology – 1 course (Creighton &amp; NMC)</b>		
CLAS 116		
<b>Course</b>	<b>Term</b>	<b>Grade</b>
<b>Statistics – 1 course (Creighton &amp; NMC)</b>		
ECON 215, EDPS 459, SOCI 206*, STAT 218, or STAT 380 (SOCI 205 and PSYC 350 can count for Creighton) *Students taking SOCI 206 must take SOCI 205 for Research Methods for NMC		
<b>Course</b>	<b>Term</b>	<b>Grade</b>
<b>Kinesiology or Biomechanics – 1 course (NMC)</b>		
NUTR 384		
<b>Course</b>	<b>Term</b>	<b>Grade</b>
<b>Research Methods – 1 course (NMC)</b>		
SOCI 205*, COMM 201, PSYC 350, CRIM 251, SLPA 454, or ANTH 482 *Students taking SOCI 205 must take SOCI 206 for Statistics		
<b>Course</b>	<b>Term</b>	<b>Grade</b>
<b>Culture, Ideas, &amp; Civilizations – 1 course (Creighton)</b>		
History, World Religions, American Studies, World Literature, Women's Studies		
<b>Course</b>	<b>Term</b>	<b>Grade</b>

>> Required Courses continued on back.

English Composition – 1 course (Creighton)		
ENGL 101, 150, 151, 254, or 354		
Course	Term	Grade
Speaking/Speech/Communication Course – 1 course (NMC)		
ALEC 102, COMM 101, COMM 109, COMM 209, or COMM 286		
Course	Term	Grade
Sociology or Anthropology – 1 course (NMC)		
Any 1xx or 2xx ANTH or SOCI (not SOCI 205 or 206 or ANTH 290 or 291; see pre-health advisor with questions)		
Course	Term	Grade
Lifespan or Growth & Development – 1 course (NMC)		
CYAF 160 or PSYC 289		
Course	Term	Grade

#### RECOMMENDED COURSES

(Additional courses commonly required at other OT programs)

- **Physiology:** BIOS 213/213L
- **Biopsychology – Brain & Behavior:** PSYC 273
- **Physics:** PHYS 141
- **Chemistry:** CHEM 109
- **Math:** MATH 101 (or higher)
- **Additional English Composition:** ENGL 101, 150, 151, or 254
- **Ethics:** PHIL 106 or PHIL 213

#### EXTRA CURRICULAR INVOLVEMENT & ACTIVITIES

Pursuing occupational therapy school requires more than just coursework. Your extracurricular activities, employment, and healthcare experiences like shadowing and volunteering will contribute greatly to your success in this field. See your pre-health advisor in the Explore Center to plan extracurricular activities that will prepare you for this program.

#### APPLICATION AND ADMISSION

- **Application:** For admission to most occupational therapy programs, must apply through the centralized application process – OTCAS. Information on OTCAS can be found at: <https://portal.otcas.org/>.
- **Entrance Exam:** Some occupational therapy programs require the GRE. For information on the content and registration for the GRE, see [www.ets.org/gre](http://www.ets.org/gre).
- **Additional application information:** Students applying to occupational therapy school will also be required to submit additional application materials, including letters of recommendation.

#### ADDITIONAL RESOURCES

**Explore Health Careers:** <http://explorehealthcareers.org>

#### Creighton University School of Pharmacy and Health Professions

Admissions Office  
Omaha, NE  
402-280-2662 or 1-800-325-2830, ext. 1  
[phaadmis@creighton.edu](mailto:phaadmis@creighton.edu)  
[spahp.creighton.edu](http://spahp.creighton.edu)

#### Nebraska Methodist College

Admissions Office  
720 N 87<sup>th</sup> St  
Omaha, NE 68114  
402-354-7000  
[admissions@methodistcollege.edu](mailto:admissions@methodistcollege.edu)

#### College of Saint Mary

Office of Enrollment Services  
7000 Mercy Road  
Omaha, NE 68106  
800-926-5534 x 2355 or 402-399-2355  
[jgandha@csm.edu](mailto:jgandha@csm.edu)  
[csm.edu/academics/health-human-services/master-occupational-therapy](http://csm.edu/academics/health-human-services/master-occupational-therapy)