The chiropractic profession focuses on manipulation of the body as the best mode of care and treatment for many injuries and illnesses. It emphasizes the interrelatedness of the body parts as a whole system, but especially as they relate to the functions of the nervous system. Pre-Chiropractic students work one to one with an advisor to reach their goals, and they can choose any major to pair with their focus.

**WHAT IS PRE-CHIROPRACTIC?**
The Explore Center gave me the tools to make decisions for myself and feel confident that my future Pre-Health endeavors will be successful. They have helped me enjoy my time at UNL by encouraging me to study what I love, but also ensuring I complete my Pre-Health requirements.” - Alex, '19

**HOW TO GET THERE**
- Complete prerequisite courses at UNL (90 credit hours)
- Complete 3-4 years at an accredited chiropractic program
- Apply to accredited chiropractic programs
- Graduate with your bachelor’s degree at UNL (degree may be preferred or required in some states)
- Become a Doctor of Chiropractic
- Meet with your Pre-Health Advisor at New Student Enrollment
- Graduate with your bachelor’s degree at UNL (degree may be preferred or required in some states)

**OUR STUDENTS**
- UNL graduates more healthcare professionals than any other school in Nebraska
- UNL students are accepted to professional health schools at higher rates than the national average

**The Nebraska Difference**
- **GET PAID TO DO RESEARCH AS AN UNDERGRAD**
- Encourage and inspire freshmen by being a Pre-Health Peer Mentor
- **HUMANITIES IN MEDICINE MINOR**
- Live and learn with Pre-Health peers in a learning community
- **MEET ONE TO ONE WITH CHIROPRACTIC SCHOOL VISITORS**
- Share your Pre-Health story as an Explore Center Ambassador
- **INTRO TO HEALTH PROFESSIONS COURSE**
- Become an undergraduate teaching assistant or tutor for important Pre-Health science courses
Required Course Work* | MIN. #
--- | ---
Life & Physical Sciences w/ Labs  
  Biological Sciences  
  or  
  General Chemistry  
  or  
  Organic Chemistry/ Biochemistry  
  or  
  Physics  
  or  
  Biomechanics, Exercise Physiology, Statistics, Math | 6
English Composition | 2
Psychology | 1
Social Sciences/Humanities  
  • Social Science areas include: Anthropology, Economics, Geography, History, Management, Marketing, Political Science, Psychology, and Sociology  
  • Humanities areas include: Arts, Drama, Fine Arts, Foreign Language, Literature, Music, Philosophy, and Religion | 5

Required & Recommended Sample Course Plan

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<th>FIRST</th>
<th>SECOND</th>
<th>THIRD</th>
<th>FOURTH</th>
<th>FIFTH</th>
<th>SIXTH</th>
<th>SEVENTH</th>
<th>EIGHTH</th>
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<tbody>
<tr>
<td>Biological Sciences I w/lab</td>
<td>English Composition I</td>
<td>General Chemistry II w/lab</td>
<td>Organic Chemistry I w/lab</td>
<td>Organic Chemistry II w/lab or Biochemistry w/lab</td>
<td>Social Science/ Humanities</td>
<td>Human Anatomy or Human Physiology w/ lab</td>
<td>Social Science/ Humanities</td>
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<tr>
<td>English Composition I</td>
<td>Math (per exam)</td>
<td>Biological Sciences II w/lab</td>
<td>Physics I w/lab</td>
<td>Social Science/ Humanities</td>
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<td>Statistics</td>
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*Specific admission requirements vary per chiropractic school. 24 credit hours of Life & Physical Sciences is required and suggested in the above chart.

Professional School Requirements:
- **Undergraduate Credit Required:** Bachelor’s degree preferred; minimum of 90 hours
- **Entrance Exam:** None
- **Professional Schooling:** 3-4 years of professional school for a Doctor of Chiropractic (D.C.)
- **Local Professional Schools:** None in Nebraska; Regionally - Overland Park, KS; Chesterfield, MO; Davenport, IA