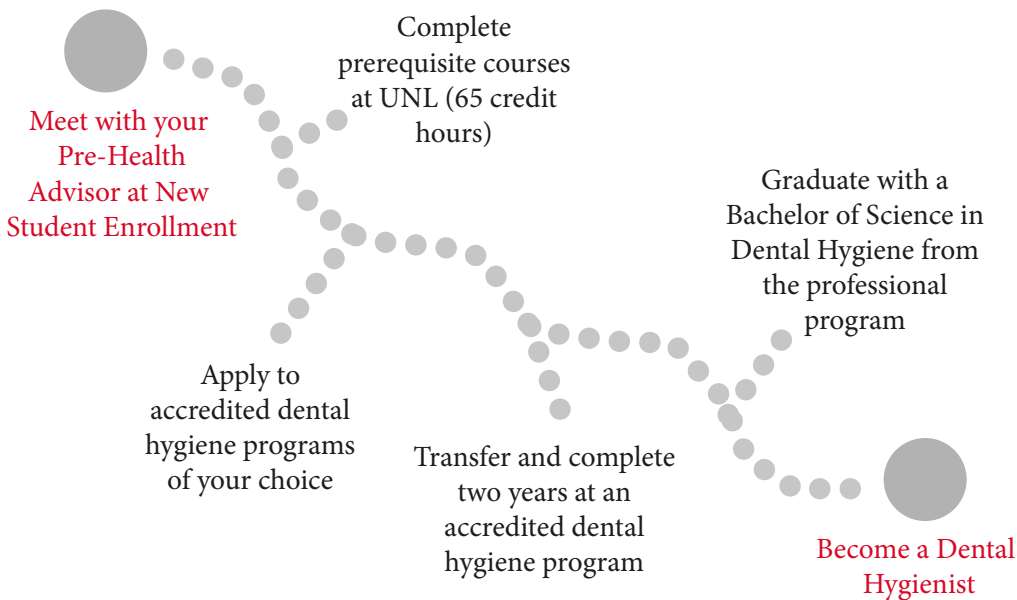


# N Explore Center Pre-Dental Hygiene

## WHAT IS PRE-DENTAL HYGIENE?

Dental hygienists work with dentists and are licensed to provide oral health services such as teeth cleaning, plaque removal, and oral hygiene education. They are an integral part of the dental care team and often develop oral hygiene treatment plans for patients based on clinical evidence. Pre-Dental Hygiene students work one to one with an advisor to reach their goals, and they do not need to choose a major while at UNL. Students take prerequisite courses at UNL and then transfer to the dental hygiene program of their choice.

## HOW TO GET THERE



## OUR STUDENTS

*"From your first days on campus to your last, the Explore Center is here to help you through your Pre-Health journey. From career advising meetings to application preparation for professional health school, the Explore Center advisors will be there to help along the way."*  
- Brandon, '21



UNL graduates more healthcare professionals than any other school in Nebraska



UNL students are accepted to professional health schools at higher rates than the national average



## The Nebraska Difference

Encourage and inspire freshmen students by being a Pre-Health Peer Mentor

GET PAID TO DO RESEARCH AS AN UNDERGRAD

Live and learn with Pre-Health peers in a learning community

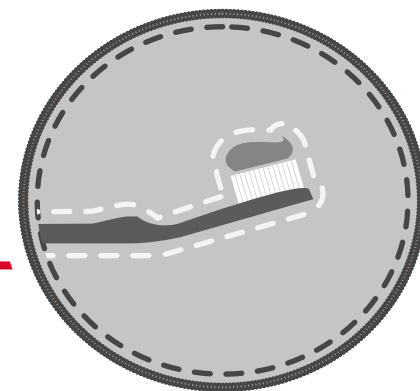
MEET ONE TO ONE WITH DENTAL HYGIENE PROFESSIONAL SCHOOL VISITORS

Share your Pre-Health story by becoming an Explore Center Ambassador

INTRO TO HEALTH PROFESSIONS COURSE

Become an undergraduate teaching assistant or tutor for important Pre-Health science courses

# N Explore Center Pre-Dental Hygiene



## SUGGESTED COURSES

Required Course Work*	MIN. #
English Composition	2
General Chemistry with Labs	2
Biological Sciences with Lab	1
Microbiology with Lab	1
Human Physiology with Lab	1
Human Anatomy with Lab	1
Nutrition	1
Communication / Speech	1
Psychology	1
Sociology	1
Humanities & Arts Electives <ul style="list-style-type: none"> <li>English Literature, Philosophy, Music History, Classics, Art History, Theatre, or Drawing</li> </ul>	2
Human Behavior, Culture, and Social Organization Elective <ul style="list-style-type: none"> <li>Psychology, Sociology, Anthropology, Economics, Political Science, or Geography</li> </ul>	1
12-hour series of courses in the same area	4

\* These requirements are based on those for the University of Nebraska Medical Center Dental Hygiene program. You are encouraged to work with an advisor to determine requirements at other institutions.

Due to the professional nature of the UNMC Dental Hygiene Program, admission preference will be given to students completing prerequisites post high school graduation. Since the sciences form the foundation of the Dental Hygiene Curriculum, science prerequisites should be completed during college and within 5 years of application to the program. The Dental Hygiene Program advisor should be consulted for specific details.

**Transfer Credit:** All official transcripts from postsecondary institutions will be examined and credit will be awarded according to UNMC policy. Usually, credit from any accredited institution of higher learning is accepted for transfer if successfully completed with a course grade of C or above. For two and four year institutions, transfer credit will be determined by the standards set forth in the "Transfer Credit Practices of Designated Educational Institutions" published by the American Association of Collegiate Registrars and Admissions Offices. No credit will be awarded for D grades.

Required & Recommended Courses Only			
FIRST	English Composition I	SECOND	English Composition II
	Biological Sciences w/lab		Microbiology w/lab
	Human Behavior Elective		Sociology
	Psychology		Communication / Speech
	Math (if needed)		1st 12-hour series
THIRD	Chemistry I w/lab	FOURTH	Chemistry II w/lab
	Humanities/Art Elective		Nutrition
	Humanities/Art Elective		3rd 12-hour series
	2nd 12-hour series		4th 12-hour series
	Human Anatomy w/lab		Human Physiology w/lab

### Professional School Requirements:

- **Undergraduate Credit:**  
65 hours
- **Entrance Exam:**  
None
- **Professional Schooling:**  
2 years of dental hygiene school to receive a Bachelor of Science Degree in Dental Hygiene
- **Local Professional Schools:**  
University of Nebraska Medical Center (UNMC) College of Dentistry - Lincoln

## CONNECT WITH US

Explore Center Recruitment Team

402.472.6196 | [explorecenterrecruitment@unl.edu](mailto:explorecenterrecruitment@unl.edu)

UNIVERSITY OF  
**Nebraska**  
Lincoln

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