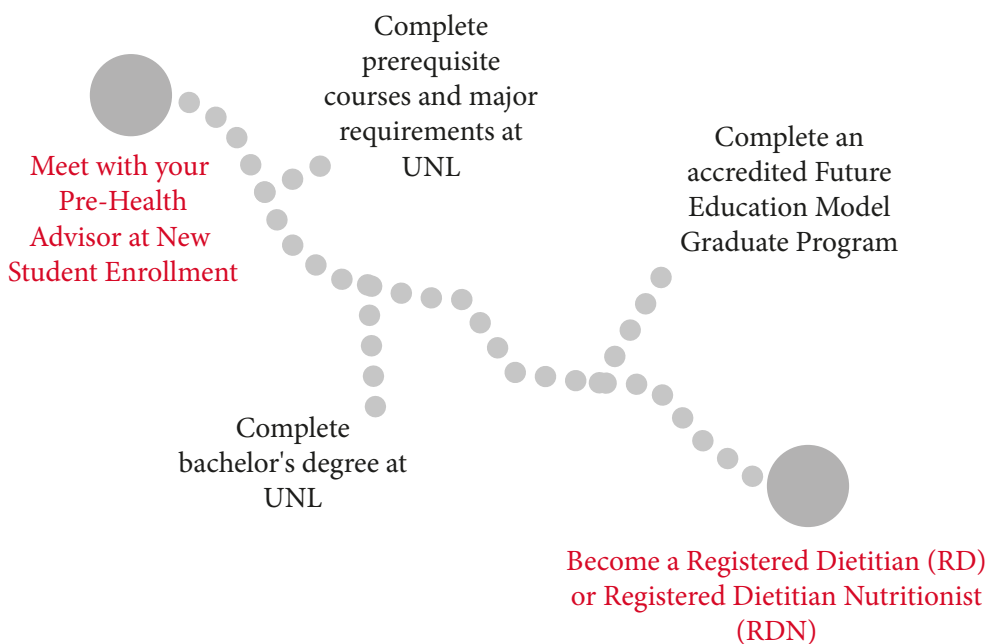


# N Explore Center Pre-Dietetics

## WHAT IS PRE-DIETETICS?

A registered dietitian (RD) or registered dietitian nutritionist (RDN) is a credentialed healthcare professional who uses expertise in human nutrition to promote health and wellness. Becoming a RD/RDN provides a flexible career that allows practitioners to work in medical nutrition therapy, community nutrition/nutrition education programs, wellness/health promotion, food industry and food service. Pre-Dietetics students work one to one with an advisor to reach their goals, and they can choose any major to pair with their focus.

## HOW TO GET THERE



## OUR STUDENTS

*"From your first days on campus to your last, the Explore Center is here to help you through your Pre-Health journey. From career advising meetings to application preparation for professional health school, the Explore Center advisors will be there to help along the way."*  
- Brandon, '21

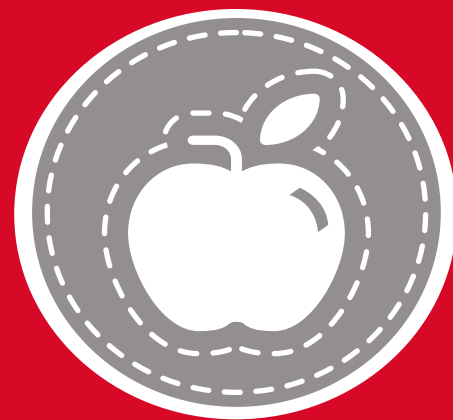


UNL graduates more healthcare professionals than any other school in Nebraska

Dietetics employment projected to increase

**8%**

from 2019 to 2029 (Bureau of Labor Statistics)



## The Nebraska Difference

GET PAID TO DO RESEARCH AS AN UNDERGRAD

Encourage and inspire freshmen by being a Pre-Health Peer Mentor

HUMANITIES IN MEDICINE MINOR

Live and learn with Pre-Health peers in a learning community

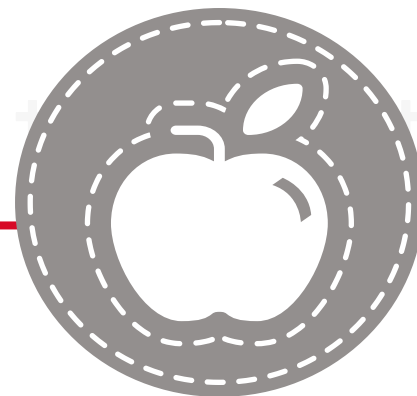
MEET ONE TO ONE WITH DIETETIC PROGRAM VISITORS

Share your Pre-Health story as an Explore Center Ambassador

INTRO TO HEALTH PROFESSIONS COURSE

Become an undergraduate teaching assistant or tutor for important Pre-Health science courses

# N Explore Center Pre-Dietetics



## SUGGESTED COURSES

Required Course Work*	MIN. #
General Chemistry with Lab	2
Organic Chemistry with Lab	1
General Biology with Lab	1-2
Microbiology	1
Human Physiology	1
Biochemistry with Lab	1
General Psychology	1
Human Nutrition and Metabolism	1
Food Science or Food Preparation with Lab	1
Advanced Nutrition or Nutrient Metabolism	1
Medical Nutrition Therapy	2

Recommended Course Work	MIN. #
Human Anatomy	1
Genetics	1
Statistics	1
Nutrition Counseling/ Motivational Interviewing	1
Community Nutrition	1
Medical Terminology	1
Human Resource Management	1
Functional Histology	1
Social Science Courses	2-3

\* These requirements are based on those for the University of Nebraska Medical Center and UNL FEMG Dietetics programs (opening in fall 2021). You are encouraged to work with an advisor to determine requirements at other institutions.

Note: Both UNMC and UNL's programs will accept AP credit toward program prerequisites.

Required & Recommended Science Courses Only			
FIRST	Biological Sciences I w/lab	SECOND	General Chemistry I w/lab
	Math		Biological Sciences II w/lab
THIRD	General Chemistry II w/lab	FOURTH	Organic Chemistry I w/lab
	Human Nutrition and Metabolism		Food Science/Preparation
FIFTH	Biochemistry	SIXTH	Advanced Nutrition/Nutrient Metabolism
	Human Physiology		Microbiology/Food Safety
SEVENTH	Medical Nutrition Therapy I	EIGHTH	Medical Nutrition Therapy II
			Human Anatomy

### Professional School Requirements:

- **Undergraduate Credit:**  
Bachelor's degree required for most programs
- **Entrance Exam:** GRE
- **Professional Schooling:**  
2 years at a FEMG graduate program; RD/RDN
- **Local Professional Schools:**  
University of Nebraska Medical Center (UNMC);  
University of Nebraska Lincoln (UNL)

## CONNECT WITH US

Explore Center Recruitment Team

402.472.6196 | [explorecenterrecruitment@unl.edu](mailto:explorecenterrecruitment@unl.edu)



The University of Nebraska does not discriminate based upon any protected status. Please see [go.unl.edu/nondiscrimination](http://go.unl.edu/nondiscrimination).