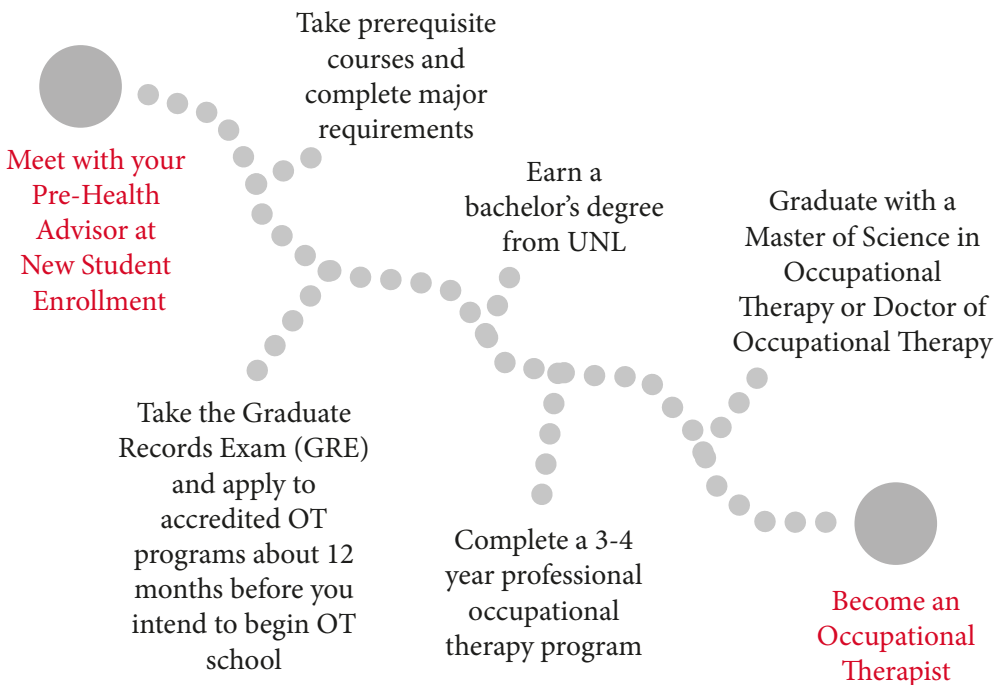


# N Explore Center Pre-Occupational Therapy

## WHAT IS PRE-OCCUPATIONAL THERAPY?

Occupational therapy (OT) is a healthcare profession that uses purposeful activity (occupation) as a means of preventing, reducing, or overcoming physical, social, and emotional challenges for people of all ages. Pre-Occupational Therapy students work one to one with an advisor to reach their goals, and they can choose any major to pair with their focus.

## HOW TO GET THERE



## OUR STUDENTS

*"From your first days on campus to your last, the Explore Center is here to help you through your Pre-Health journey. From career advising meetings to application preparation for professional health school, the Explore Center advisors will be there to help along the way."*  
- Brandon, '21



UNL graduates more healthcare professionals than any other school in Nebraska



UNL students are accepted to professional health schools at higher rates than the national average



## The Nebraska Difference

GET PAID TO DO RESEARCH AS AN UNDERGRAD

Encourage and inspire freshmen by being a Pre-Health Peer Mentor

HUMANITIES IN MEDICINE MINOR

Live and learn with Pre-Health peers in a learning community

MEET ONE TO ONE WITH OCCUPATIONAL THERAPY SCHOOL VISITORS

Share your Pre-Health story as an Explore Center Ambassador

INTRO TO HEALTH PROFESSIONS COURSE

Become an undergraduate teaching assistant or tutor for important Pre-Health science courses

# N Explore Center Pre-Occupational Therapy



## SUGGESTED COURSES

Required Course Work*	MIN. #
Biological Sciences with Lab	1
Human Anatomy	1
Math	1
English Composition	1
Psychology	1
Abnormal Psychology	1
Human Growth and Development	1
Statistics	1
Sociology or Anthropology	1
Communication/Speech	1
Theology, Philosophy, & Ethics: <ul style="list-style-type: none"> <li>Ethics, Logic, Philosophy, Religion, or Theology</li> </ul>	1
Culture, Ideas, & Civilizations: <ul style="list-style-type: none"> <li>History, World Religions, American Studies, World Literature, Women's Studies</li> </ul>	1
Medical Terminology	1
Research Methods	1
Biomechanics	1

Recommended Course Work	MIN. #
Additional Psychology	2
Physics	1
General Chemistry	1
Ethics	1
Additional English Composition	1
Human Physiology	1

\* These requirements are based on those for Creighton University, Nebraska Methodist College, University of Nebraska Medical Center, and College of St. Mary, but will also transfer to other OT programs. You are encouraged to work with an advisor to determine requirements at other institutions.

Required & Recommended Courses Only			
FIRST	Psychology	SECOND	Biological Sciences course w/lab
	English Composition		Communication
	Math		Human Growth & Development
THIRD	Theology/Philosophy/Ethics	FOURTH	Culture/Ideas/Civilizations
	Statistics		
FIFTH	Human Anatomy	SIXTH	Research Methods
	Abnormal Psychology		Biomechanics
SEVENTH	Medical Terminology	EIGHTH	Sociology or Anthropology
	Suggested courses		Suggested courses

### Professional School Requirements:

- **Undergraduate Credit:**  
Bachelor's degree required
- **Entrance Exam:**  
Graduate Records Examination (GRE) or none- varies by occupational therapy school
- **Professional Schooling:**  
3-4 years of professional school for a Doctor of Occupational Therapy (DOT) or master's degree
- **Local Professional Schools:**  
Creighton University (DOT) - Omaha; College of St. Mary (DOT) - Omaha; NE Methodist College (Master's) - Omaha; University of Nebraska Medical Center (DOT) - Omaha

## CONNECT WITH US

Explore Center Recruitment Team

402.472.6196 | [explorecenterrecruitment@unl.edu](mailto:explorecenterrecruitment@unl.edu)



The University of Nebraska does not discriminate based upon any protected status. Please see [go.unl.edu/nondiscrimination](http://go.unl.edu/nondiscrimination).