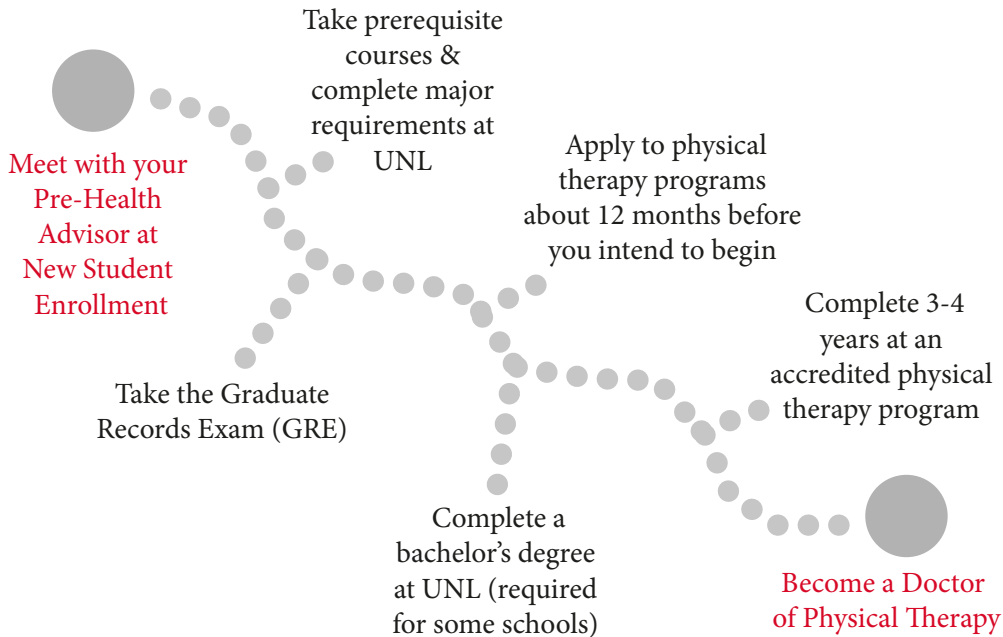


# N Explore Center Pre-Physical Therapy

## WHAT IS PRE-PHYSICAL THERAPY?

Physical therapists promote human health and function by assessing and treating disabilities and promoting wellness to individuals of all ages. They do so by using means such as exercise, performance of functional mobility activities, manual techniques, and physical agents. Pre-Physical Therapy students work one to one with an advisor to reach their goals, and they can choose any major to pair with their focus.

## HOW TO GET THERE



## OUR STUDENTS

*"From your first days on campus to your last, the Explore Center is here to help you through your Pre-Health journey. From career advising meetings to application preparation for professional health school, the Explore Center advisors will be there to help along the way."*  
- Brandon, '21



UNL graduates more healthcare professionals than any other school in Nebraska

In 2020, **81%**  
of UNL's applicants to Physical Therapy programs were admitted with the national average being 64%



## The Nebraska Difference

GET PAID TO DO RESEARCH AS AN UNDERGRAD

Encourage and inspire freshmen students by being a Pre-Health Peer Mentor

HUMANITIES IN MEDICINE MINOR

Live and learn with Pre-Health peers in a learning community

MEET ONE TO ONE WITH PHYSICAL THERAPY SCHOOL VISITORS

Share your Pre-Health story by becoming an Explore Center Ambassador

INTRO TO HEALTH PROFESSIONS COURSE

Become an undergraduate teaching assistant or tutor for important Pre-Health science courses

# N Explore Center Pre-Physical Therapy



## SUGGESTED COURSES

Required Course Work*	MIN. #
Biological Sciences with Lab	2
Human Anatomy with Lab	1
Human Physiology with Lab	1
General Chemistry with Lab	2
Physics with Lab	2
English Composition	2
Statistics	1
Psychology	2

Recommended Course Work	MIN. #
Physiology of Exercise	1
Abnormal Psychology	1
Developmental Psychology	1
Trigonometry	1

\* These requirements are based on those for University of Nebraska Medical Center (UNMC) and Creighton University. You are encouraged to work with an advisor to determine requirements at other institutions.

Note: UNMC's Physical Therapy program does not accept AP/IB Credit; Creighton will accept some AP/IB courses.

Required & Recommended Science Courses Only			
FIRST	General Chemistry I w/lab or Biological Sciences I w/lab	SECOND	Biological Sciences I w/lab or General Chemistry I w/lab
THIRD	General Chemistry II w/lab Biological Sciences II w/lab	FOURTH	General Physics I w/ lab
FIFTH	General Physics II w/ lab	SIXTH	Human Physiology w/lab Recommended Courses
SEVENTH	Human Anatomy Recommended Courses	EIGHTH	Recommended Courses Recommended Courses

### Professional School Requirements:

- Undergraduate Credit:**  
 Bachelor's degree required (UNMC); minimum 90 credit hours (Creighton)
- Entrance Exam:**  
 Graduate Records Examination (GRE) taken 12-16 months prior to the start of professional school
- Professional Schooling:**  
 3-4 years of professional school for a Doctor of Physical Therapy (D.P.T)
- Local Professional Schools:**  
 University of Nebraska Medical Center (UNMC) - Omaha; Creighton University - Omaha

## CONNECT WITH US

Explore Center Recruitment Team

402.472.6196 | [explorecenterrecruitment@unl.edu](mailto:explorecenterrecruitment@unl.edu)



The University of Nebraska does not discriminate based upon any protected status. Please see [go.unl.edu/nondiscrimination](http://go.unl.edu/nondiscrimination).